

## SIRIMON – NAROMORU ROUTE

### Day 1 Pick up from Nairobi to sirimon gate

Leave Nairobi early in the morning and drive for 3hrs to Naromoru, stop briefly at our office to sort out all the equipment required for your climb. Then the vehicle proceeds onto the Sirimon Track as far as the Mount Kenya National Park Gate. From here you hike 9Km up to the Old Moses Camp (3300m) for overnight in hut. This two to three hour hike is essential for acclimatization and is also very interesting as you hike through four of the mountain vegetation belts – the tropical rain forest, bamboo jungle, rosewood and heather zones.

These are also the areas where you are most likely to see animals.

### Day 2 Start Hike

Your hike starts around 0700hrs going via the new Sirimon route through the beautiful and unique Alpine Moorland Zone. Walking time today is 5-7 hours depending on individual fitness and stopping half – way for a picnic lunch. You arrive at Shiptons Camp(4200m), late afternoon and have dinner and overnight here (in hut)

### Day 3 Acclimatization

Acclimatizing day hike up Hausberg col (4600m) enjoy the nice sceneries of the west ridges and then return to Shiptons for overnight.

### Day 4 Transcend your Expectations

A pre-dawn (3:00am)start is essential when attempting Point Lenana.

You are then most likely to be successful in reaching the summit as well as having the clearest view of the majestic scenery. If the sky is clear right across the southern part of Kenya, you will be able to

view the peaks of Mount Kilimanjaro above the clouds over 340kilometres away. Then descend to Mackinders camp for breakfast, afterward descend to the Met station on the Naromoru track, traversing the steep marshy section known as the Vertical Bog. Returning by another route gives a fine contrast to your hike, and is only 3 to 4hours walking. Stay an overnight at Met Station (in hut).

Day 5 Return to Base

Met station to park gate /Nairobi

This will be an easy hike down for two and a half hours, walk down

Walking through the tropical rain forest, bamboo jungle, rosewood to reach Naromoru park entrance for signing out and pick up back to Nairobi.